

Media Release



Two positive cases of COVID-19 added to Timiskaming Health Unit case count September 30, 2020 – for Immediate Release

The Timiskaming Health Unit was notified yesterday afternoon that two positive cases of COVID-19 from individuals currently outside of our district have been added to our local case count. Although both of these individuals have home addresses in the Timiskaming district, they are currently out of the area and have not been in our district for some time. There was no risk of local exposure from these two cases. The two cases do not have an epidemiological link between them and both are contacts of known positive cases.

Positive cases are attributed to a health unit by the patient's address. With these two cases the total for the district of Timiskaming now sits at 18.

As COVID-19 continues to rise provincially Dr. Glenn Corneil strongly stated, "We must continue to closely follow all public health measures and provincial orders".

- Limit your immediate social circle to a maximum of 10 people, and keep only the same 10 people in it
- Wear a mask or face covering in indoor public spaces and when 6 feet of distancing between people who are not in your immediate social circle is not possible
- Cough or sneeze into your elbow
- Wash your hands often and/or use alcohol based hand sanitizers
- Limit private gatherings to a maximum of 10 people indoors and 25 outdoors, as ordered by the province of Ontario.

Group gatherings continue to be a source of local concern. You must limit your number of close contacts and follow the province's updated guidelines on gatherings to a maximum of 25 people outdoors and 10 people indoors. People who host a gathering in excess of these maximums may be subject to fines up to \$10 000. During any gatherings, if you can't maintain physical distancing from people who aren't within your immediate social circle of 10 people, then please wear a mask.

Please consider downloading Canada's [COVID-alert app](https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19/covid-alert.html) as this can help you know if you have been in close contact with a positive case. (<https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19/covid-alert.html>)

Any future positive cases of COVID-19 in our district will be posted to our website (www.timiskaminghu.com), specific media releases may not be issued. Additional information regarding COVID-19 is also available on our website.

You can also visit [Ontario's website](#) to learn more about how the province continues to protect Ontarians from COVID-19.

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